



Giving Hope Today

Alcohol & Drug Awareness

LEARN ~ THINK ~ CHANGE

PROGRAM INFORMATION

This program is suitable adults with substance abuse issues that have led to negative consequences, including conflict with the law. This is an educational program which centres on the damaging effects of alcohol and drugs. It is interactive and requires active participation.

- 6 hours of instruction in two 3 hour evening group sessions over 2 weeks
- Mondays or Wednesdays 6 – 9 pm (or as scheduled)
- Confidential & non-judgmental atmosphere
- Workbooks will be provided and participants will be expected to complete practice assignments.

Instruction in a supportive and challenging environment will help you make changes to your thinking and behaviour.

TOPICS COVERED

- Self-evaluation and self-awareness related to substance abuse
- Exploring the costs & benefits of substance use

PARTICIPANT REQUIREMENTS

- Arrive 15 minutes before class. **Late participants will not be allowed in class and must reschedule.**
- Attend all sessions in the program. No make-ups for missed sessions.
- Participate actively and attentively. Complete assignments and group work.
- Be respectful to the facilitator and other participants.
- Able to speak, read and write in English and contribute to the group discussion. **(If you plan to bring an interpreter please indicate this when registering.)**



“Certificates of Completion” are awarded to successful participants

WHO IS WELCOME TO ATTEND?

Anyone age 18 years and older desiring a positive change to their substance abuse behaviour is welcome. Referrals may come from court, lawyers, crown attorneys, probation, parole, community justice worker, social workers, mental health workers or be self-referred.

REGISTRATIONS: \$150.00 - Pre-registration is required to guarantee a spot.

Registration fee must be paid in person or on-line by participant or a designate at the time of registration. Photo ID required at first session to check-in.

IN-PERSON: CASH, MONEY ORDER, DEBIT & CREDIT ACCEPTED (ID REQUIRED)

ON-LINE: www.salvationarmyjustice.ca CREDIT ONLY

TRAVEL TO OUR LOCATION

The program takes place at The Salvation Army offices on the 2nd floor of 77 River Street (at Shuter St.) in downtown Toronto. We are between Dundas St. & Queen St.

- Free parking available in The Salvation Army lot south of the building

DRIVING DIRECTIONS:

- Via Don Valley Parkway: South to Bayview Ave exit; south on Bayview to River St exit; south on River to #77
- Via Gardiner Expressway: exit at Jarvis; take Lakeshore Blvd to Parliament St; drive north to Shuter; turn right on Shuter; drive until it ends at River; we are at # 77 River St)

TTC STREETCAR: We are on River Street between Dundas St. & Queen St.

Take the following streetcars that stop at River Street:

- From Yonge Subway line: **“Queen 501”, “King 504”, or “Dundas 505”**
- From Broadview Subway Station **“King 504” or “Dundas 505”**

Salvation Army Personal Development Programs			
	Toronto	Barrie	Ajax
Anger Management 1 Day	✓	✓	✓
Anger Management 1 Day (Women only)	✓		
Anger Management 10 Sessions	✓		
Anger & Relationships	✓	✓	
Road Rage	✓		
Alcohol & Drug Awareness	✓		
Theft Intervention	✓	✓	



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To send an email visit www.salvationarmyjustice.ca