

How to contact CAMH

If you need **emergency help**, please visit your local emergency department, call 911 or contact a nurse at Telehealth Ontario by dialing 1-866-797-0000.

- **CAMH Main switchboard (416) 535-8501**
- **For information or support for a mental health or addiction concern (416) 595-6111 or 1-800-463-6273 (toll free)**
- **Directory of CAMH Services.** For general information info@camh.net. To comment about CAMH services call (416) 535-8501 ext. 2028 or 2027

ConnexOntario

ConnexOntario operates three helplines that provide health services information for people experiencing problems with gambling, drugs or alcohol and mental.

Drug & Alcohol Helpline - 1-800-565-8603
Mental Health Helpline - 1-866-531-2600
Gambling Helpline - 1-888-230-3505

Helpful, supportive Information and Referral Specialists answer all calls, emails or webchat requests 24/7. The service is free, confidential and anonymous and able to:

- provide contact information for services and supports in the caller's community
- listen, offer support and provide strategies to help people meet their goals
- provide basic education about gambling, drug or alcohol and mental health problems

To find other mental health or addiction services across the province contact Connex Ontario at 1-866-531-2600 or www.connexontario.ca.

If you are looking for services in Ontario, but are calling from outside Ontario call 1-519-439-0174. This number is not toll-free, and will be answered Monday – Friday from 8:30am - 4:30pm.

Rev Nov 28, 2013

The Salvation Army Correctional & Justice Services
77 River Street, Toronto, M5A 3P1 - 416-304-1974

www.salvationarmy.ca



Giving Hope Today

MENTAL HEALTH INFORMATION #1

CAMH

Ontario Locations for Centre for Addiction & Mental Health

To find the closest CAMH office in Ontario...

- Consult the following list
- Call (toll-free) 1-800-463-6273
- Visit www.camhprovincialservices.ca

CAMH - Toronto Locations

CAMH operates central clinical and research facilities in Toronto. We also have 26 locations throughout the province that provide communities with education and support for program development, health promotion and prevention. Our main sites in Toronto are:

- **Queen Street site - 416-535-8501**

1001 Queen Street West and 30-60 White Squirrel Way (Queen and Ossington), Toronto, Ontario M6J 1H4

TTC: Take the 501 Queen streetcar to Queen Street West at Ossington, or take the 63 Ossington South bus from Ossington Subway Station and exit on the stop at Shaw Street and Adelaide Street.

Parking - designated visitor parking area located off of Shaw Street. Paid parking - cash only.

- **Russell Street site - 416-535-8501**

33 Russell Street (Russell and Spadina) Toronto, Ontario M5S 2S1

TTC: Take the 510 Spadina streetcar and exit at College Street, or take the 506 College streetcar and exit at Spadina Avenue.

Parking: Underground parking (for both Russell Street and College Street sites) is available on a first come first serve basis. Entrance is off Spadina, immediately north of College. There is also street meter parking if underground parking is unavailable. Paid parking - cash and credit card accepted.

- **College Street site (including CAMH's Emergency Department)**
250 College Street (College and Spadina) Toronto, Ontario M5T 1R8

TTC: take the 506 College streetcar and exit at Spadina Avenue, or take the 510 Spadina streetcar and exit at College Street.

Parking: Underground parking (for Russell Street and College Street) is available on a first come first serve basis. There is also street meter parking if underground parking is unavailable. Enter off of Spadina Street. Paid parking - cash and credit card accepted.

CAMH Clinical Satellite Offices in Toronto

- **Archway Outpatient Clinic**
1451 Queen Street West Toronto 416 535-8501 ext. 7500
- **CAMH Aboriginal Services**
393 King Street East Toronto 416 535-8501 ext. 7657
- **CARE, VENTURES, ProACT and INTERACT Outpatient Clinics**
862 Richmond Street West, Suite 200 Toronto 416 535-8501 ext. 2606
- **Central Link Outpatient Clinic**
393 King Street East Toronto 416 535-8501 ext. 7670
- **Community Support and Research Unit**
862 Richmond Street West, Suite 300 Toronto 416 535-8501 ext. 2606
- **Dual Diagnosis Resource Centre**
501 Queen Street West Toronto 416 535-8501 ext. 7800
- **Dual Diagnosis Service–Peel**
30 Eglinton Avenue West, Suite 801 Mississauga 416 535-8501 ext. 7704
- **First Assessment Clinical Team (FACT)–Peel**
30 Eglinton Avenue West Suite 801 Mississauga 416 535-8501 ext. 7700
- **Learning Employment Advocacy Recreation Network (LEARN)**
1709 St. Clair Avenue West Toronto 416 535-8501 ext. 7300
- **Nicotine Dependence Clinic**
175 College Street Toronto 416 535-8501 ext. 7400
- **PACE Peel**
30 Eglinton Avenue West Suite 801 Mississauga 416 535-8501 ext. 7716
- **PACE West**
3197 Lakeshore Blvd W., Rm G45, Suite 202 Toronto, 416 535-8501 ext. 3448
- **Spectrum Outpatient Clinic**
393 King Street East Toronto 416 535-8501 ext. 7450
- **Work, Stress and Health Program**
455 Spadina Avenue Suite 200 Toronto 416 260-4147

CAMH - Ontario Locations

Greater Toronto Area:

- **GTA West Area: Mississauga** (Serving Peel):(416) 535-8501 Ext. 7718
- **Toronto Offices:**
-Training Requests (via the Education Services Department): (416) 595-6020
-Community Office (Serving Toronto and GTA): (416) 535-8501 Ext. 6028

Central Area:

- **Bracebridge** (Serving Parry Sound and Muskoka): (705) 645-7233
- **Etobicoke** (Serving York and Durham): (416) 253-0376
- **Newmarket** (Serving York): (905) 868-8046
- **Penetanguishene** (Serving Simcoe): (705) 549-5455
- **Redbridge** (Serving North-Simcoe/Muskoka): (705) 663-1207

Eastern Ontario Area:

- **Almonte** (Serving Lanark and Renfrew): (613) 256-1397
- **Hammond** (Serving Stormont, Dundas, Glengarry, Prescott and Russell)
(613) 487-1880
- **Kingston** (Serving Kingston, Frontenac, Lennox & Addington, Leeds and Grenville):
Toll-free (888) 287-4439 or (613) 546-4266
- **Ottawa** (Serving Ottawa-Carleton): Toll-free (888) 441-2892 or (613) 569-6024
- **Trenton** (Serving Hastings and Prince Edward): (613) 392-0277

West Central Area:

- **Hamilton, Halton:** Toll-free (888) 857-2876 or (905) 525-1250
- **Haldimand, Norfolk and Brant** (519) 583-9060
- **Niagara** (905)988-9094
- **Waterloo, Wellington** (905) 304-9348 or (519) 884-8757

Southwestern Ontario Area:

- **Chatham** (Serving Chatham-Kent): (519) 360-1829
- **London** (Serving Thames Valley, Huron, Perth, Elgin, Middlesex and Oxford):
Toll-free (888) 495-2261 or (519) 858-5110
- **Windsor** (Serving Windsor-Essex and Sarnia-Lambton): (519) 251-0500

Northern Ontario Area:

- **Kapuskaping** (Serving Cochrane): Toll-free (888) 880-7063 or (705) 675-1195
- **Kenora** (Serving Kenora and Rainy River): (807) 468-6372
- **North Bay** (Serving Nipissing and Timiskaming):
Toll-free (888) 456-3404, (705) 472-3850 or (705) 478-6171
- **Sault Ste. Marie** (Serving Algoma): Toll-free (888) 775-6665 or (705) 256-2226
- **Sudbury** (Serving Manitoulin and Sudbury): Toll-free (888) 880-7063 or
(705) 675-1195
- **Timmins** (Serving Cochrane): (705) 235-1022
- **Thunder Bay** (Serving Thunder Bay): (807) 626-8111